



Spacecoast Technical Network

Rebuilding Our Community, One Person at a Time

Issue 2014 -#51
December 17, 2014

[**CLICK HERE TO JOIN STN NOW!**](#)

[**View Welcome Brochure**](#)

12/19/14 Meeting This Week

Kristina St. Peter - Weaver, RPSGT, CSE - Parrish Sleep Center - "How much sleep do you really need"

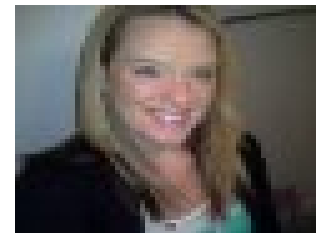
Kristina Weaver, Registered Polysomnographic Technician, Certified Clinical Sleep Educator, former paramedic and the Neurodiagnostic Supervisor of the Parrish Sleep Disorders Center.

She has 9 years experience as an RPSGT with assisting in the diagnosis and treatment of sleep disorders. Kristina serves as the President for the Florida Association of Sleep Technologists.

The Parrish Sleep Disorders Center is a beautiful state of the art facility located at I-95 and Port St John Parkway at exit 208 in the Parrish Healthcare Center at Port St John.

The Center is open 7 days and nights a week to get you back to a good nights rest.

Kristina St.Peter-Weaver, RPSGT, CSE
Neurodiagnostic Supervisor
Parrish Healthcare Sleep Disorders Center
President Florida Association of Sleep Technologists



Kristina St. Peter-Weaver, RPSGT, CSE

Brevard A.W.A.K.E. Coordinator
(321) 268-6408
Kristina.Weaver@parrishmed.com

Open STN Volunteer Positions

Guest Speaker Coordinator position needs to be filled

ALSO

The **Event Coordinator** position needs to be filled

**Volunteers are also needed to help cook, serve and clean up
after the Friday morning STN Meetings!**

If anyone is interested in these opportunities, please contact:
[Herb McElrath](#) or [Patrick Pearce](#)

Upcoming Speakers

12/19 Kristina St. Peter - Weaver - "How Much Sleep Do You Really Need?"
12/20-01/03 - Christmas Holiday - No Meetings!
01/09 Michael Ely

If you are interested in presenting at an STN breakfast meeting, please call
Martin McClellan, Speaker Coordinator at (321) 759-5955, or email at:
litamartin@msn.com

Member Notices

- 1. Requests for the National Space Club website. NSCFL.org**
 - 2. Annual Membership drive is now underway. Membership is from January to December each year. Membership dues are \$20.00, payable to STN or Spacecoast Technical Network. Cash or checks may be given to Gail Peek, Kathleen Schutze, Patrick Pearce, or Herb McElrath. Paypal is also an option.**
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Upcoming Events . . . November 2014

Dec 2014 [2015 GW Job Center Workshop Schedule](#)
[STEM Saturdays - US Space Walk Of Fame](#)

[Lights of Hope Celebration](#)

12/19 [Titusville Holiday Boat Parade](#)

12/24 **Business Development Focus Group - Cancelled due to Holiday**

Up To 24Dec14 [Santa At Searstown](#)

If you have an upcoming event that may be of interest to our group, please

[CONTACT US!](#)

Weekly Article . . .

The Christmas Feeling

Popular colors of red and green predominate, with trees of green and Santa red being splashed all round the place. Decorations and lights dot the fringes of the neighborhood and people come together to meet their family and enjoy an amazing celebration. Christmas is a time of merriment and all cultures celebrate it with an equal enthusiasm and fervor. Traditional Christmas feasts differ from country to country but the mood is the same and the feeling of love and sharing is experienced by all.

Shops are replete with a lot of books, toys, and new gifts and items that are enthusiastically bought by everyone to be shared with their favorite people. Everyone has special Christmas memories attached with this amazing season because there are so many wonderful associations with this entire concept of Christmas. Children love it because they have fond loving thoughts about the Santa Claus bringing gifts. Cookies and milk are set in table for Santa to have as he comes on his nightly visit to the little children to leave them their favorite gifts by the fireside.

Pictures, symbols, representations and popular myths have become well associated with the entire concept of Christmas celebration. This much loved day is extremely enjoyed by people from different culture. Lights are put up, and decorations come out of the closet to adorn homes and neighborhoods, it is a wonderful feeling of love, hope and happiness. Cities, suburbs, nations -there is not a single community or place which has not been affected by the amazing spirit of Christmas. It is extremely special because it provides a relief of sorts from everyday existence and life that makes everything so complicated. It is often a good idea to take a break from everything complicated and speedy and that is exactly what the season of Christmas provides.

Make your Christmas extremely special by enjoying with people you love, give them a lot of time and take part in fun family activities. Prepare a hearty meal together even if you can't cook too well! Go out ice skating or building a snowman from the snow, shop till you drop and get hold of all the amazing decorations from the shops, take

long drives with people you love at night to enjoy the lights and the festive feel. Try helping others if you want to spread the feel.

Anon. (2010, December). The christmas feeling. Retrieved from <http://www.humax.net/traditions/the-christmas-feeling.html>

Employment / Training Opportunities...

STN Discussion Forum Job Postings (Member Login Required)

JOB POSTINGS HAVE BEEN MOVED TO MEMBER WEBSITE!!!

JOIN STN NOW !!!

The Spacecoast Technical Network Offers
Two Levels of Membership

Associate Member - are seeking to re-establish their income stream. Many of our associate members have since moved on to new positions of employment. Some are starting their own business, while others have re-enrolled in an educational curriculum that will provide them with new skill sets and/or certificates for the next step in their career.

Business Support Member - offer the expertise and resources of their businesses to aid and assist the STN in its quest to strengthen the economic situation of the community. The support of the local business community is the key to the completion of all STN goals.

One Year Membership is just \$20. Contact [Herb McElrath](#), Director of Membership Services Via Email For More Information Or...

[Visit The STN Website](#)



About The Spacecoast Technical Network

The STN meets every Friday to network, share a meal, and learn from informative speakers.

The membership is over one hundred and

growing weekly. STN is about securing Employment for its members, enhancing skill sets through Educational resources, and providing ongoing professional support and expertise for new and exciting Entrepreneurial efforts.

Networking begins at 8:00am. A hot breakfast is served at 8:30. Cost for the breakfast is \$4 per person. The Spacecoast Technical Network meets in the parish hall of St. Gabriel's Episcopal Church, located at 414 Pine St., Titusville.

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